# PROFILE OF THE NATIONAL ASSISTANT REFEREE



#### GENERAL INFORMATION OF THE JOB OF A NATIONAL ASSISTANT REFEREE

## CONTEXT OF THE PERFORMANCE ENVIRONMENT

THE NATIONAL ASSISTANT REFEREE:

- Officiates professional games at the Division 1 Women's Competition, Division 2-and 3- Men's Competitions in 11v11 outdoor fields
- Works primarily with National Referees and National Assistant Referees (new or experienced)
- Facilitates games for professional players
- Collaborates with coaches with diverse backgrounds to ensure player safety
- Maintains appropriate level of physical fitness for game assignments year-round and for fitness tests



THE NATIONAL ASSISTANT REFEREE:

- Facilitates a fair and safe game for the players by enforcing/applying the Laws of the Game and Rules of Competition
- Makes and clearly communicates decisions based on perception and interpretation of player's actions
- Facilitates understanding and application the Laws of the Game for players and coaches
- Keeps a record of the game (goals scored, misconduct, injuries, etc.)
- Submits game reports to competition authority in a timely manner when appropriate

#### **RESPONSIBILITIES AND ROLES**

THE NATIONAL ASSISTANT REFEREE:

- Prepares prior to the game, officiates the game, assists with post-game activities, and reflects on the performance after the game
- Demonstrates leadership characteristics before, during, and after the game
- Takes ownership of self-development through on-line and field session opportunities offered by U.S. Soccer
- · Maintains updated availability factoring in travel, rest, and recovery times
- Accepts or declines games in a timely manner
- Collaborates with the referee team by ensuring that the field conditions are safe
- Assist with officiating and maintaining control of the game
- Works together with other match officials as a referee team
- Assist with decision-making authority on matters that apply to the Laws of the Game
- Is accountable to the competition authority and U.S. Soccer
- Upholds US Soccer's Code of Ethics to protect the integrity of the game
- Respects players, coaches, other match officials, and those around the game









## TASK AND PROCESSES OF THE NATIONAL ASSISTANT REFEREE

## **PREPARING FOR A GAME**

- Navigating the game assignment process
- Understanding the game
- Discussing pre-match scouting report with referee team
- Maintaining physical aptitude
- Performing pre-game activities

## **OFFICIATING A GAME**

- Understanding the game
- Making decisions that impact the game
- Demonstrating physical aptitude
- Using personality to help control the game
- Communicating decisions clearly and confidently
- · Leading the referee team if needed

## **MANAGING POST-GAME ACTIVITIES**

- Concluding the game
- Maintaining physical aptitude
- Completing the game report(s)

## REFLECTING ON THE PERFORMANCE

- Reflecting and self-evaluating on the match performance
- Receives feedback in a positive manner to process for further improvement









## PRIOR TO THE GAME The National Assistant Referee is able to prepare for a game and is competent in...

# **NAVIGATING THE GAME ASSIGNMENT PROCESS**

#### THE NATIONAL ASSISTANT REFEREE IS ABLE TO:

- Invest in technical equipment to use it in the game as determined by the referee (electronic flags)
- Connect with assignor(s)
- Use assigning platforms/applications
- Communicate availability to work games
- Gain knowledge about the game assignment process
- Connect with referee team prior to the game
- Connect with national referee coach(es)/mentor(s) prior to the game

#### **OUTCOMES:**

- Professional look with appropriate attire & equipment
- Game opportunities to apply knowledge about preparation for games in various competitions, season after season
- Line of communication with assignor(s) and referee colleagues
- Positive and productive working rapport with assignors and referee coaches
- Availability of the referee to accept appropriate level games
- Resource for advice about game assignments
- Positive impression that typically earns respect from players & coaches

## **UNDERSTANDING THE GAME**

#### THE NATIONAL ASSISTANT REFEREE IS ABLE TO:

- Gain knowledge about team tactics that may be use by teams
- Understand thoroughly the Laws of the Game and rules of competition
- Understand the level of match management involved in various professional competitions
- Understands performance environment applicable to professional teams or leagues

- Game plan that addresses:
  - the expectations from players and coaches
  - positioning and movement adjusted to team tactics
  - signals, mechanics, and decision making
- Prepare for decision making to promote a fair and safe environment
- Prepare for decision making to maintain control of the game
- Understand the meaning of reading the game players & coaches





## MAINTAINING PHYSICAL APTITUDE

## THE NATIONAL ASSISTANT REFEREE IS ABLE TO:

- Gain knowledge about physical fitness
- Develop and apply a year-round training plan to reach personal goals related to fitness
- Understand the physical demands of the game
- Identify information about nutrition, rest, and recovery, and their relation to fitness
- Identify information about warm up & cool down drills for before and after the game
- Attend referee field sessions in their local area and/or competitions (professional leagues, US Soccer, etc.)
- Understand the environmental considerations (weather) surrounding outdoor training sessions (hydration, equipment, etc.)

#### **OUTCOMES:**

- Accomplished annual personal fitness goals
- Awareness of fitness for the performance environments in professional competitions
- Apply knowledge to maintain and improve fitness
- Implement plan including nutrition, training, rest, and recovery
- Develop a warmup and cool down routine for before and after the game, respectively
- Self-comfort and self-confidence to lead the accepted game at current level of fitness
- Use preventative approaches to prepare for the performance environment

# PERFORMING PRE-GAME ACTIVITIES

## THE NATIONAL ASSISTANT REFEREE IS ABLE TO:

- Actively participate with the referee team in a pre-game conference and in conducting pre-game inspections (the field of play, the game ball, and the player's equipment)
- Actively participate with the referee team in checking the rosters and checking-in players and coaches
- Connect with coaches & players via check- in, pre-game conference, and/or coin toss
- Actively participate with the referee team in a group and individual warmup prior to the game

- Ensured safety prior to the game in collaboration with players & coaches
- Environment of cooperation prior to the game to promote positive sporting behavior
- Ensured low risk of injury during a game for the referee team
- Positive relationship with referee team during pre-game activities and to prepare to work as a team during the game





## DURING TO THE GAME The National Assistant Referee is able to officiate games and is competent in...

#### MAKING DECISIONS THAT IMPACT THE GAME

#### THE NATIONAL ASSISTANT REFEREE IS ABLE TO:

- Perceive, interpret, and make decisions on the field of play
  (including fouls)
- Make split-second decisions based on the collected information (players' actions and location on the field)
- Scan & use the position of players and the movement of players as cues for taking optimal position
- Apply FIFA Considerations to interpret players' actions (challenges, handball, offside, etc.)
- Collaborate with the referee team to make decisions during the game
- Make decisions based on the current & relevant Laws of the Game and rules of competition

#### OUTCOMES:

- Application of decision-making process for the match official
- Optimal position to witness the action
- Increased consistency and accuracy of decision on the field
- Clear and confident communication with players, coaches, other match officials
- Teamwork
- Correct application of the Laws of the Game based on informed, practiced, and confident decisions without guessing
- Safety, fair, and controlled game environment

## **UNDERSTANDING THE GAME**

## THE NATIONAL ASSISTANT REFEREE IS ABLE TO:

- Have a comprehensive understanding of team tactics
- Read the game by recognizing each team's general style of play (and team tactics)
- Recognize key players (by technical skill, position, speed, behavior, etc.)
- Recognize potential conflicts based on players/coaches' actions and behavior
- Apply the Laws of the Game based on observed players' actions and considerations for interpretation
- Apply knowledge about offside, fouls & misconduct, restarts, etc.

Understands the role of the coach & team officials and recognizes responsible & irresponsible behavior

- Adapted decision-making to fit the game and players' needs for fair & safe
- Improved positioning and movement to witness the action
- Facilitating a fair and safe environment for players
- Positively managed game for players, coaches, spectators, & referee team
- Improved management of coaches and technical area where appropriate
- Relationships that help manage players' behavior, emotions, etc.
- Anticipated action to prevent escalation
- Clear and confident communication with players and coaches
- Anticipation to position for the next phase of play to observe & interpret the action, and communicate decision





## **DEMONSTRATING PHYSICAL APTITUDE**

## THE NATIONAL ASSISTANT REFEREE IS ABLE TO:

- Keep up with the pace of the game
- Apply various speeds (side-step/jog/run/ sprint) and directional changes based on level of play and teams' tactics

# **COMMUNICATING CLEARLY AND CONFIDENTLY**

#### THE NATIONAL ASSISTANT REFEREE IS ABLE TO:

- Demonstrate calm, confident body language when communicating public decisions
- Manage player and coach behavior with verbal and non-verbal communication
- Communicates decisions using signals, body language, and assistant referee tools
- Manage player and coach behavior

## **LEADING THE REFEREE TEAM**

#### THE NATIONAL ASSISTANT REFEREE IS ABLE TO:

- Assist in the standard for foul selection on the field determined by the referee
- Assist in the standard for misconduct determined by the referee
- Collaborate to make decisions that are out of the view of the referee
- Take initiative to make decisions that contribute to overall game management
- Keep a record of the game (goals, misconduct, injuries, etc.) in conjunction with the referee team

#### **OUTCOMES:**

- Improved positioning and movement to line up with the second-to-last opponent
- Optimal position to make offside decisions
- Optimal position to assist with boundary line decision

#### **OUTCOMES:**

- Display of confidence in decision and clarity of the decision
- · Clear public communication of decisions
- Player or coach behavior refocused to their role in the game

- Consistent referee team offside, foul and misconduct selection
- Increased awareness and correct decisions by the referee team
- Collaboration between the referee team





## **USING PERSONALITY TO CONTROL THE GAME**

## THE NATIONAL ASSISTANT REFEREE IS ABLE TO:

- Display characteristics and qualities that contribute to game control
  - Confidence
  - Courage
  - Concentration
  - · Conflict resolution skills
  - People management
- Clearly and confidently use body language to communicate decisions and engage with players and coaches as needed
- Control emotions and behave in a calm and collected manner especially during key match incidents or moments of high pressure
- Remain approachable by a player or a captain that behaves respectfully

- Promote a professional environment during the game
- Promote Integrity during the game
- Promote Respect among participants during the game
- Shows high work rate to be in position to see, recall, interpret, and make accurate decisions that contribute to control of the game
- Protect the physical integrity of the players on the field
- Build professional relationships with participants on game day, before, during, and after the game
  - Players
  - Team officials
  - · Competition's support staff





# **AFTER THE GAME** The National Assistant Referee is able to manage post-games activities and is competent in...

## **CONCLUDING THE GAME**

## THE NATIONAL ASSISTANT REFEREE IS ABLE TO:

- Assist with post-game activities (gather game balls, join rest of the referee team in the field of play, monitor opposing players)
- Assist the referee team to collect and verify relevant information for the game report
- Return player passes and signed roster when applicable

## **COMPLETING THE GAME REPORT(S)**

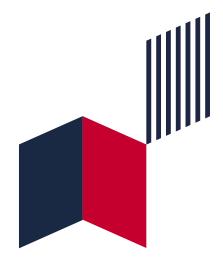
#### THE NATIONAL ASSISTANT REFEREE IS ABLE TO:

- Confirm the accuracy of the report information with other members of the referee team for the game
- Document all required information (score, substitutions, misconduct, etc.) in the referee game report
- Recognize when a supplemental referee game report is needed by the competition authority
- Review and confirm that the information on the report(s) is clear and that the language in the Laws of the Game is used
- Submit completed report(s) on time to the competition authority and other administrative roles

## **OUTCOMES:**

- Smooth transition from end of the game to post-game activities
- Increased consistence, accuracy, and clarity of report(s) for the competition authority
- Report that meets the standards of the competition and/or recommendations by U.S. Soccer

- Understanding the aspects of submitting reports and areas for improvement
- Knowledge about components of submitting reports as recommended by U.S. Soccer
- Application of knowledge to submit accurate reports to the competition authority









The National Assistant Referee is able to reflect on the performance and is competent in...

## REFLECTING AND EVELUATING

## THE NATIONAL ASSISTANT REFEREE IS ABLE TO:

- Review their individual performance
- Review their performance as a team
- Engage with national referee coach/mentor/peers (referee team) when feedback is offered
- Understand, embrace, and model the importance of lifelong learning



- Identification of positive aspects in the performance and areas for improvement
- Continued growth (emotional and technical) as an assistant referee
- Cultivation of relationships within the soccer referee community
- · Participation in development opportunities
- Consultation of resources to assist with development of competencies of the National Assistant Referee (National Referee Coach, mentor, Laws of the Game, online, etc.)
- Master of the Laws of the Game, Rules of Competitions, Practical Guidelines, FIFA Considerations, and knowledge to help control the game



